

ISC WEEKLY

"AN INTERNATIONAL EDUCATION TODAY FOR THE GLOBAL CITIZENS OF TOMORROW."

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Dates to Remember:

September 10-28: MAP Testing (K5-10)
 September 15: World Clean-up Day
 September 20: NHS Quiz Bowl
 September 17-28: School Photos
 September 24-28: Siman di Kultura
 September 25: IB Information Night (High School)
 October 5: 1st Academic Quarter Ends
 October 8-12: Regatta Break– School Closed

Message from the Director:

Happy Wednesday-

Thanks to all who supported the bake sale last Friday for Prinses Wilhelmina Fonds. In total, just over 1,300 NAF. was raised. This amount will be added to the donations high school students have received in collection boxes posted at various stores around the island during the month of September. As mentioned previously, all funds will be handed over to the foundation during our UN Day event on November 2nd.

Saturday's Family Fun Day was a great success- thank you PTA and everyone else who helped make it happen. It was a pleasure to see our students, parents, and teachers enjoying themselves in a non-academic, casual atmosphere.

World Clean-Up Day is Saturday. If you plan to join the ISC team at Caracasbaai, but have not yet completed the survey, please do so today! We need to have a clear picture in regards to how many people will be attending and time is running out for preparations. Specific details are now available on the next page and includes a map to show where we will meet.

Parents– if you are dropping off your child, make sure they are at the meeting point by 7:45. Shortly after, smaller groups will be organized and sent out to a designated area to clean.

Sincerely,

Douglas Vaughan



World Clean-Up Day Curaçao

Dear ISC Students and Parents,

Our annual beach cleanup is scheduled for this Saturday, September 15th from 7:45-10:30 am. Please make sure you sign up in order for us to plan accordingly.

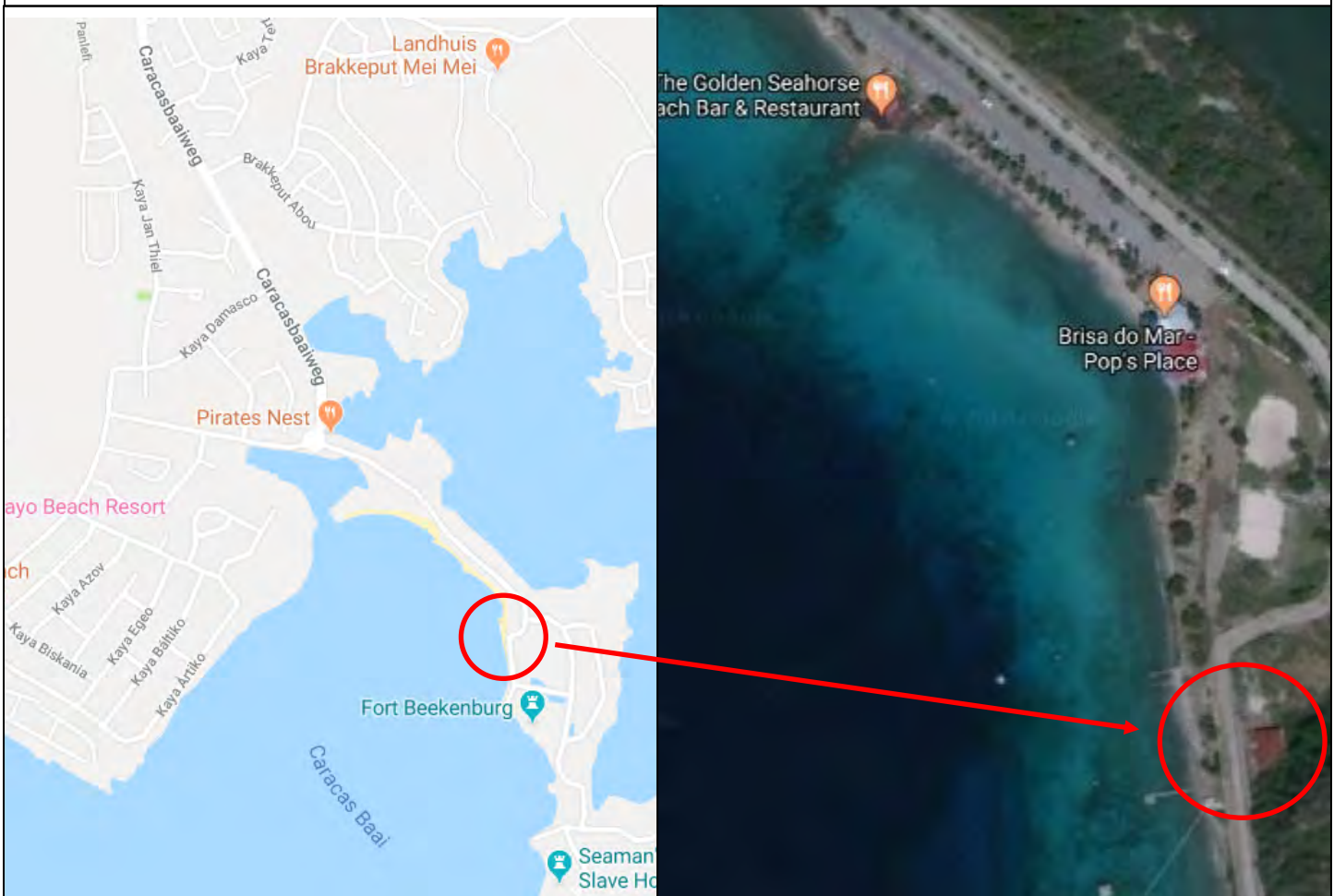
If you have not already done so, fill in the form by following this link <https://www.surveymonkey.com/r/BLC22W2> We need specific numbers so that we have enough water, drinks and fruit for everyone!

- The clean up is for students in grades 3 and above. Students in grade 3 need to be accompanied by a parent.
- Grades 4 and up can be signed up and dropped off @ 7:45 a.m. SHARP!
- Students should wear the school's P.E shirt, closed shoes and a cap/visors to protect from the sun.
- Students should wear comfortable pants/shorts and have sunblock already by the time they arrive.
- A refillable water bottle is mandatory! All participants will need to stay hydrated and not produce more waste. We will have water available for refilling. All participants will receive an ISC drawstring bag to use to carry their water bottle.
- PTA will provide us with juices and fruit throughout the morning!
- Pick up time is 10:30 a.m. Everyone will be back at the starting point at this time. If you are dropping off your child, please be on time for pick-up!

Please refer to the map below for the exact meeting location.

This year, ES will clean the beach area, MS will tackle the mangroves and HS will team up with KAP, a Dutch school, to clean up a dump site in the vicinity towards directors bay. All areas are also marked on the map.

Thank you all in advance and see you on Saturday morning!



High School News: IB Biology Students Visit Caribbean Medical University

On Friday the 7th, the 12th grade IB Biology class visited the Caribbean Medical University to take a tour of the medical facilities and learn more about the anatomy of the human body. During the field trip, they dissected a human heart, liver, and a pair of lungs. The students received first hand experience, which allowed them better understand the IB Biology curriculum. The students also had the opportunity to use a virtual dissection lab, where they got a better look at the human brain and eyes. They also visited a virtual reality lab, where the students took virtual tours of inside the blood system and the skull.

-Vanshika Rohera, ISC Senior Biology Student



Elementary News: 1st Grade Community Unit

First grade concluded their community unit, by inviting members of our I.S.C. community for a Q&A session. In preparation, first we learned about what it means to be "I am I.S.C" and the eight I.S.C pillars: Caring, Helpful, Thoughtful, Honest, Responsible, Internationally Minded, Respectful and Exceptional. Many thanks to each I.S.C community member that makes our school such an amazing school!



Individuality

Collaboration

Involvement

Respect

Responsibility

I AM ISC

News from the Nurse: Importance of Eating Breakfast

Breakfast is a great way to give the body the refueling it needs. Kids who eat breakfast tend to eat healthier overall and are more likely to participate in physical activities — two great ways to help maintain a healthy weight.

Skipping breakfast can make kids feel tired, restless, or irritable. In the morning, their bodies need to refuel for the day ahead after going without food for 8 to 12 hours during sleep. Their mood and energy can drop by midmorning if they don't eat at least a small morning meal.

It's important for kids to have breakfast every day, but what they eat in the morning is crucial too. Choosing breakfast foods that are rich in whole grains, fiber, and protein while low in added sugar may boost kids' attention span, concentration, and memory — which they need to learn in school.

Kids who eat breakfast are more likely to get fiber, calcium, and other important nutrients. They also tend to keep their weight under control, have lower blood cholesterol levels and fewer absences from school, and make fewer trips to the school nurse with stomach complaints related to hunger.

Try to serve a balanced breakfast that includes some carbohydrates, protein, and fiber. Carbs are a good source of immediate energy for the body. Energy from protein tends to kick in after the carbs are used up. Fiber helps provide a feeling of fullness and, therefore, discourages overeating.



Maker Space Room Officially Opened

This past week the Maker Space room was opened to teachers and students for their first look. Teachers had the opportunity to see the room first-hand during Thursday's in-service and students made it in on Friday. During the students' visit, they had a chance to see the wooden plank bridge that spanned the room built as an example to demonstrate creativity and design. On Monday, select students took part in the destruction of the bridge— one block at a time (see video here: <https://vimeo.com/289291634>) until it collapsed.

The Maker Space will be a shared room for teachers to take their students periodically and is intended to generate creativity and critical thinking in an atypical classroom environment.

We look forward to seeing many projects developed throughout the year!



PTA: Family Fun Day!

The PTA's Family Fun Day last Saturday was a great success, with over 100 ISC students, teachers and their families enjoying a barbecue and various games, including a climbing tower, mechanical bull and a dunk tank. Thank you to everyone who came and everyone who helped out - especially Mr. Vaughan for grilling all afternoon and Ms. Hart for getting dunked!

We are working hard on the next PTA events, particularly Halloween Carnival on Oct 27, as well as supporting Siman di Kultura and UN Day. Please get in touch if you can help out in any way, big or small, by sending a WhatsApp message to 525-4205 or email us at pta@isc.cw.

Remember to "like" our Facebook page to stay up to date with all the PTA news @InternationalSchoolofCuracaoPTA



We are the ISC
SHARKS...

Our Junior Varsity and Varsity Sports program for 2018-2019 was kicked off on August 19th with a 2-week conditioning training for all ISC Sharks. The athletes attended the sessions to jump start their physical preparation together as one big team, so we can have a year of sports filled with victories. A team that trains together, Wins together. The athletic program is also holding it's annual lap-a-thon fundraising run so we can raise funds to complement our program. I ask you to challenge the athletes for this run and contribute to our program.

ISC teams will be registered to play the other local schools in the FDDK school competition. We are thankful for the dedication of our student athletes and we look forward to have winning teams in all our sports: Basketball, Volleyball, Soccer & Futsal.

There is No "I" in WE.
There is No "I" in TEAM. Who are We???
I - S - C!!!!



Running laps to raise funds for ISC sports program

All Junior Varsity & Varsity Sharks

September 21st, 2018

JV athletes 2:15 - 3:30 pm

Varsity Athletes 3:45-5:00 pm

ISC Field



Team with the most laps & highest donations wins a pizza party!!!

RUN IS FUN!

I AM

ISC



International School of Curacao



The NHS Presents

QUIZBOWL

September 20th

Kayena and Alablanka Rooms

6pm - 9pm

Groups of 6-10

10naf per person

Lost and Found Items: Please Pick Up!

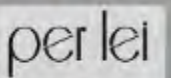
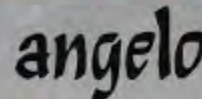
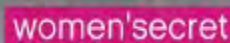
We are just five weeks into the school year and the Lost & Found area is filling up!! Students— if you are missing something, stop by the covered area to see if your item is here.

Parents— specifically for elementary children, if your child is missing something and stated they have no idea where it is, please direct them to the collection point in the covered area. The most common items are water bottles and food containers.



ISC Partners

*Discounts from Local Businesses
for ISC Employees*



The International School of Curaçao (ISC) is a preK-12, accredited, private, nonprofit, coeducational day school recognized by the local government of Curaçao that provides instruction in English. ISC was founded in 1968 and offers a rigorous academic program in order to prepare students who plan to pursue higher learning at colleges and universities around the world.

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